

### Description and Purpose

A check dam is a small barrier constructed of rock, gravel bags, sandbags, fiber rolls, or other proprietary products, placed across a constructed swale or drainage ditch. Check dams reduce the effective slope of the channel, thereby reducing scour and channel erosion by reducing flow velocity and increasing residence time within the channel, allowing sediment to settle.

### Suitable Applications

Check dams may be appropriate in the following situations:

- To promote sedimentation behind the dam.
- To prevent erosion by reducing the velocity of channel flow in small intermittent channels and temporary swales.
- In small open channels that drain 10 acres or less.
- In steep channels where stormwater runoff velocities exceed 5 ft/s.
- During the establishment of grass linings in drainage ditches or channels.
- In temporary ditches where the short length of service does not warrant establishment of erosion-resistant linings.
- To act as a grade control structure.

### Categories

EC	Erosion Control	<input checked="" type="checkbox"/>
SE	Sediment Control	<input checked="" type="checkbox"/>
TC	Tracking Control	
WE	Wind Erosion Control	
NS	Non-Stormwater Management Control	
WM	Waste Management and Materials Pollution Control	

### Legend:

- Primary Category
- Secondary Category

### Targeted Constituents

Sediment	<input checked="" type="checkbox"/>
Nutrients	
Trash	
Metals	
Bacteria	
Oil and Grease	
Organics	

### Potential Alternatives

- SE-5 Fiber Rolls
- SE-6 Gravel Bag Berm
- SE-8 Sandbag Barrier
- SE-12 Manufactured Linear Sediment Controls
- SE-14 Biofilter Bags

Copyright 2025 by the California Stormwater Quality Association



## Limitations

- Not to be used in live streams or in channels with extended base flows.
- Not appropriate in channels that drain areas greater than 10 acres.
- Not appropriate in channels that are already grass-lined unless erosion potential or sediment-laden flow is expected, as installation may damage vegetation.
- Require extensive maintenance following high velocity flows.
- Promotes sediment trapping which can be re-suspended during subsequent storms or removal of the check dam.
- Do not construct check dams with straw bales or silt fence.
- Water suitable for mosquito production may stand behind check dams, particularly if subjected to daily non-stormwater discharges.

## Implementation

### *General*

Check dams reduce the effective slope and create small pools in swales and ditches that drain 10 acres or less. Using check dams to reduce channel slope reduces the velocity of stormwater flows, thus reducing erosion of the swale or ditch and promoting sedimentation. Thus, check dams are dual-purpose and serve an important role as erosion controls as well as sediment controls. Note that use of 1-2 isolated check dams for sedimentation will likely result in little net removal of sediment because of the small detention time and probable scour during longer storms. Using a series of check dams will generally increase their effectiveness. A sediment trap (SE-3) may be placed immediately upstream of the check dam to increase sediment removal efficiency.

### *Design and Layout*

Check dams work by decreasing the effective slope in ditches and swales. An important consequence of the reduced slope is a reduction in capacity of the ditch or swale. This reduction in capacity should be considered when using this BMP, as reduced capacity can result in overtopping of the ditch or swale and resultant consequences. In some cases, such as a “permanent” ditch or swale being constructed early and used as a “temporary” conveyance for construction flows, the ditch or swale may have sufficient capacity such that the temporary reduction in capacity due to check dams is acceptable. When check dams reduce capacities beyond acceptable limits, either:

- Don't use check dams. Consider alternative BMPs, or.
- Increase the size of the ditch or swale to restore capacity.

Maximum slope and velocity reduction is achieved when the toe of the upstream dam is at the same elevation as the top of the downstream dam (see “Spacing Between Check Dams” detail at the end of this fact sheet). The center section of the dam should be lower than the edge sections (at least 6 inches), acting as a spillway, so that the check dam will direct flows to the center of

the ditch or swale (see “Typical Rock Check Dam” detail at the end of this fact sheet). Bypass or side-cutting can occur if a sufficient spillway is not provided in the center of the dam.

Check dams are usually constructed of rock, gravel bags, sandbags, and fiber rolls. A number of products can also be used as check dams (e.g. HDPE check dams, temporary silt dikes (SE-12)), and some of these products can be removed and reused. Check dams can also be constructed of logs or lumber and have the advantage of a longer lifespan when compared to gravel bags, sandbags, and fiber rolls. Check dams should not be constructed from straw bales or silt fences, since concentrated flows quickly wash out these materials.

Rock check dams are usually constructed of 8 to 12 in. rock. The rock is placed either by hand or mechanically, but never just dumped into the channel. The dam should completely span the ditch or swale to prevent washout. The rock used should be large enough to stay in place given the expected design flow through the channel. It is recommended that abutments be extended 18 in. into the channel bank. Rock can be graded such that smaller diameter rock (e.g. 2-4 in) is located on the upstream side of larger rock (holding the smaller rock in place); increasing residence time.

Log check dams are usually constructed of 4 to 6 in. diameter logs, installed vertically. The logs should be embedded into the soil at least 18 in. Logs can be bolted or wired to vertical support logs that have been driven or buried into the soil.

See fiber rolls, SE-5, for installation of fiber roll check dams.

Gravel bag and sand bag check dams are constructed by stacking bags across the ditch or swale, shaped as shown in the drawings at the end of this fact sheet (see “Gravel Bag Check Dam” detail at the end of this fact sheet).

Manufactured products, such as temporary silt dikes (SE-12), should be installed in accordance with the manufacturer’s instructions. Installation typically requires anchoring or trenching of products, as well as regular maintenance to remove accumulated sediment and debris.

If grass is planted to stabilize the ditch or swale, the check dam should be removed when the grass has matured (unless the slope of the swales is greater than 4%).

The following guidance should be followed for the design and layout of check dams:

- Install the first check dam approximately 16 ft from the outfall device and at regular intervals based on slope gradient and soil type.
- Check dams should be placed at a distance and height to allow small pools to form between each check dam.
- For multiple check dam installation, backwater from a downstream check dam should reach the toes of the upstream check dam.
- A sediment trap provided immediately upstream of the check dam will help capture sediment. Due to the potential for this sediment to be resuspended in subsequent storms, the sediment trap should be cleaned following each storm event.

- High flows (typically a 2-year storm or larger) should safely flow over the check dam without an increase in upstream flooding or damage to the check dam.
- Where grass is used to line ditches, check dams should be removed when grass has matured sufficiently to protect the ditch or swale.

## ***Materials***

- Rock used for check dams should typically be 8-12 in rock and be sufficiently sized to stay in place given expected design flows in the channel. Smaller diameter rock (e.g. 2 to 4 in) can be placed on the upstream side of larger rock to increase residence time.
- Gravel bags used for check dams should conform to the requirements of SE-6, Gravel Bag Berms.
- Sandbags used for check dams should conform to SE-8, Sandbag Barrier.
- Fiber rolls used for check dams should conform to SE-5, Fiber Rolls.
- Temporary silt dikes used for check dams should conform to SE-12, Temporary Silt Dikes.

## ***Installation***

- Rock should be placed individually by hand or by mechanical methods (no dumping of rock) to achieve complete ditch or swale coverage.
- Tightly abut bags and stack according to detail shown in the figure at the end of this section (pyramid approach). Gravel bags and sandbags should not be stacked any higher than 3 ft.
- Upper rows of gravel and sand bags shall overlap joints in lower rows.
- Fiber rolls should be trenched in, backfilled, and firmly staked in place.
- Install along a level contour.
- HDPE check dams, temporary silt dikes, and other manufactured products should be used and installed per manufacturer specifications.

## **Inspection and Maintenance**

- BMPs must be inspected in accordance with General Permit requirements for the associated project type and risk level. It is recommended that at a minimum, BMPs be inspected weekly, prior to forecasted rain events, daily during extended rain events, and after the conclusion of rain events.
- Replace missing rock, bags, rolls, etc. Replace bags or rolls that have degraded or have become damaged.
- If the check dam is used as a sediment capture device, sediment that accumulates behind the BMP should be periodically removed in order to maintain BMP effectiveness. Sediment should be removed when the sediment accumulation reaches one-third of the barrier height.

- If the check dam is used as a grade control structure, sediment removal is not required as long as the system continues to control the grade.
- Inspect areas behind check dams for pools of standing water, especially if subjected to daily non-stormwater discharges.
- Remove accumulated sediment prior to permanent seeding or soil stabilization.
- Remove check dam and accumulated sediment when check dams are no longer needed.

## References and Additional Resources

Construction Site Best Management Practices (BMPs) Manual CTSW-RT-24-425.11.1, California Department of Transportation (Caltrans), March 2024.

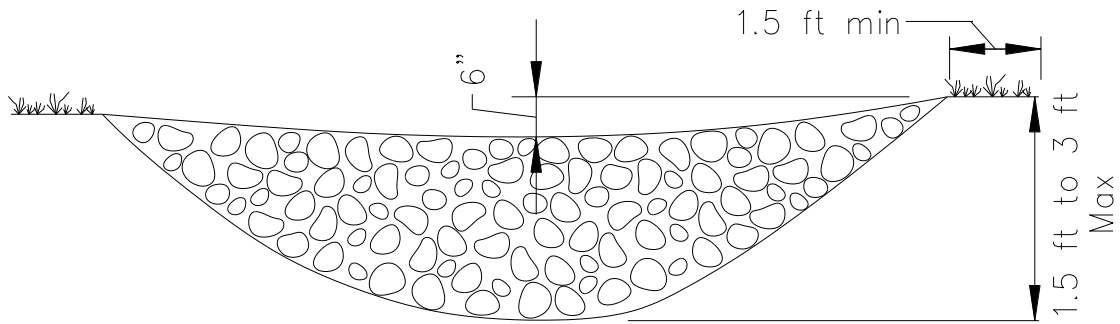
Draft – Sedimentation and Erosion Control, and Inventory of Current Practices, USEPA, April 1990.

Manual of Standards of Erosion and Sediment Control Measures, Association of Bay Area Governments, May 1995.

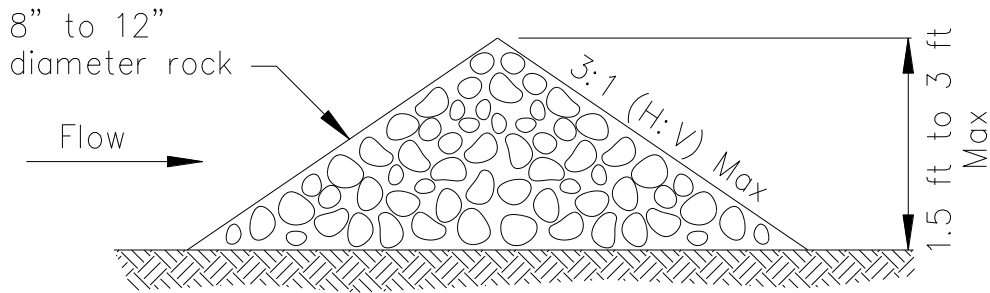
Stormwater Management of the Puget Sound Basin, Technical Manual, Publication #91-75, Washington State Department of Ecology, February 1992.

Erosion and Sediment Control Manual, Oregon Department of Environmental Quality, February 2005.

Metzger, M.E. 2004. Managing mosquitoes in stormwater treatment devices. University of California Division of Agriculture and Natural Resources, Publication 8125. On-line: <http://anrcatalog.ucdavis.edu/pdf/8125.pdf>

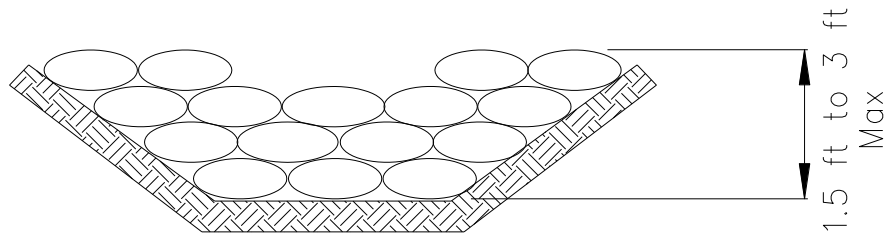


ELEVATION



TYPICAL ROCK CHECK DAM SECTION

ROCK CHECK DAM  
NOT TO SCALE



GRAVEL BAG CHECK DAM ELEVATION  
NOT TO SCALE

